



Curriculum Scope and Sequence

Grade: Pre-K Through K Subject: PE

<i>Major Concepts or Topics Covered</i>	<i>Major Skills Developed</i>	<i>Benchmark Activities, Projects or Products</i>	<i>Texts and Major Resources</i>
<p>The Child as a unique individual.</p> <p>Develop (perceptual-motor skills)</p> <p>Gross motor skills</p> <p>Locomotor Skills</p> <p>Object Control</p> <p>Core Skills</p> <p>Movement Concepts</p> <p>Individual and Dual Sport Skills</p> <p>Self-awareness and expression through movement</p>	<p>Balance, eye-hand coordination, and laterality</p> <p>Running, walking, crawling, climbing, hopping, jumping, skipping, galloping, sliding, leaping, dodging, chasing, fleeing, and pushing.</p> <p>Throwing, catching, kicking, trapping, dribbling (hand-foot), and jumping rope.</p> <p>Body Control-Curling, stretching, turning, twisting, rolling, and balance.</p> <p>Direction, Pathways, levels and location.</p> <p>Tumbling</p>	<p>Spontaneous, vigorous, large-muscle movement in an environment that provides freedom and opportunity for children to explore and create their own movement patterns.</p>	<p>Physical Education for Elementary School Children 12 th Edition Allyn and Bacon</p>

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