

The Brook Hill School Health Manual



The Brook Hill School
Christ-Centered. College Prep.

Policy: Health and Wellness Protocol

Purpose: To establish a standardized protocol for sending students home from school due to illness. The protocol is founded on evidence based guidelines, TDHS recommendations and the position of the National Association of School Nurses (NASN). The protocol is for use on both the Upper School and Lower School Campus including Boarding Students.

Students will be sent home from school and may return under the following circumstances:

Diarrhea or Watery Stools:

- One episode of diarrhea at the School Nurses discretion
- One episode of diarrhea if other symptoms are present (temp above 99.4, abdominal discomfort, vomiting)
- Soiling of themselves or their clothing
- Students may return to school 24 hours after the last diarrhea stool if they feel well and do not have a temperature without taking fever reducing medications such as Tylenol

Vomiting:

- One episode of vomiting at the School Nurse's discretion
- One episode of vomiting if other symptoms are present (abdominal discomfort, diarrhea)
- Soiling themselves or their clothing
- Students may return to school 24 hours after the last episode of vomiting if they feel well and do not have a temperature without taking fever reducing medications such as Tylenol

Drainage:

- It is not necessary to exclude every student from school who has drainage from the nose, eyes or an open sore
- Open sores must be covered
- Exclusion from school will be based on the nurses discretion taking into consideration: the color of the discharge, temperature, general malaise, the student's personal hygiene skills or the need for assistance, classroom setting, the student's developmental level

Fever (normal oral temperature is 98.6)

Oral Temperature 99.4- 100

- The school nurse will notify the parent or guardian
- Students with low grade temperature may remain in school **if no other symptoms are present**
- Antipyretics as ordered making certain that parent or guardian is aware if medication is dispensed
- The nurse may send students home from school with a low grade temperature **when additional symptoms of illness are present** (general malaise, cough, congestion, nasal drainage, sore throat, headache, abdominal discomfort or gastrointestinal symptoms)

Oral Temperature 100 or higher

- Students will be sent home from school
- Antipyretics as ordered making certain that parent or guardian is aware if medication is dispensed

The Brook Hill School Health Manual

- Students may not attend after school activities including athletics or Cadet Club
- Students may return to school after being fever free for 24 hours without taking fever reducing medications such as Tylenol

Oral Temperature 101.5 or higher

- Must have the School Nurse evaluate within 15 minutes
- Students will be sent home from school
- Antipyretics as ordered making certain that parent or guardian is aware if medication is dispensed
- Students may not attend after school activities including athletics or Cadet Club
- Students may return to school after being fever free for 24 hours without taking fever reducing medications such as Tylenol

High Temperature 104 or more

- The school nurse will institute measures to bring down the student's temperature:
 - Student will lie down
 - Antipyretics as ordered
 - Student will be asked to remove layers of clothing (jacket, sweater, 2nd shirt, socks, shoes)
 - Nurse will not place a blanket on the student
 - Apply cool wash cloth or towel to students forehead and arm pits and keep clothes refreshed
 - Offer sips ice cool water if student is not vomiting or free of abdominal pain
- Parent or guardian will be notified immediately
- If parent is not able to arrive to pick up the student within 15 minutes, EMS will be called
- School Nurse will notify Administration that EMS has been called

Return Policy

- Students may return to school 24 hours after symptoms of illness have subsided and if they feel well and do not have a temperature over 99.4 without taking fever reducing medications such as Tylenol
- Student who are absent from school for 3 or more days must have a release from a Physician to return to school