

# “ALL ORANGE”

ATHLETIC HANDBOOK

2022-2023

UPDATED: July 15, 2022



# **BROOK HILL ATHLETIC HANDBOOK**

## A MESSAGE FROM THE ATHLETIC DIRECTOR

Welcome to “ALL ORANGE” Athletics!

The Brook Hill Athletic Department pledges that we will provide a comprehensive, well organized, competently staffed, and priority led athletic program that will provide opportunities that are challenging and competitive while following the mission of the school with priorities on education, potential, and character. The Brook Hill Coaches and Athletic Department Staff are here to assist you and your child benefit from participating in a program that is designed to encourage multi-sport participation, promote strength and conditioning, and provide an atmosphere that will allow all of our student-athletes to grow spiritually. The Athletic Handbook is designed to assist you in navigating the 2022-2023 school year and sport seasons. Please refer to this document as it will provide answers to potential questions regarding athletics. As always, feel free to contact the BH Athletic Department if we can ever provide assistance.

Sincerely,  
Wally Dawkins  
Director of Athletics  
[wdawkins@brookhill.org](mailto:wdawkins@brookhill.org)  
903-894-5000 ext. 5001

**THE BROOK HILL YELL**  
**ALL know**  
**ORANGE is the color**  
**Better, Brighter, Stronger**  
**Than the others**  
**Yea Brook Hill's Right**

**YBHR**

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## MISSION OF THE BROOK HILL ATHLETIC DEPARTMENT

The Brook Hill School is a co-educational, Christ-centered, college preparatory school, which offers interscholastic sports to the student-athletes enrolled in our Middle School and Upper School programs. It is our mission to build Christ-like character through participation and competition, instill commitment through dedication, hard work, and sacrifice, and to teach the team concept of “we, not me.” Our goal is to represent our school in a Christ-like manner while exhibiting good sportsmanship and competing to the best of our ability.

## GOALS OF THE ATHLETIC DEPARTMENT

- *To foster academic and athletic achievement in students by emphasizing the importance of sacrifice, self-discipline, and dedication to achieving goals.*
- *To develop the desire in student-athletes to continually improve through practice and the development of a strong work ethic.*
- *To provide student-athletes the opportunity to demonstrate good sportsmanship and respect for others as a means of learning good citizenship.*
- *To develop in student-athletes emotional control, dependability, and a respect for rules, property, and authority.*
- *To provide student-athletes the opportunity to work as a team member to achieve shared goals while learning the importance of cooperation and teamwork.*
- *To provide the student-athlete with experiences that requires problem solving, decision making, and critical thinking skills.*
- *To provide student-athletes the opportunity to pursue lifelong physical fitness, conditioning, and better health habits.*
- *To develop in student-athletes a sense of team loyalty and school spirit.*
- *To encourage student-athletes to achieve academic success while keeping athleticism in proper perspective.*
- *To provide a safe and healthy environment free from performance-enhancing and other body-altering substances*
- *To exhibit Christ-like character in our actions, thoughts, and words.*

## SPORTS OFFERED AND ATHLETIC PERIOD

### PRACTICE START DATES 2022-2023

#### US MALE/MS MALE

Football: |Fall| Aug. 1  
Cross Country: Fall| Aug. 1  
Basketball: |Winter| Oct. 17  
Soccer: |Winter| Oct. 17  
Track: |Spring| Jan. 16  
Golf: (US) Nov. 28  
Baseball: |Spring| Jan. 16  
Tennis: (US) |Spring| TBD  
Swimming: TBD  
Cheer: |Fall/Spring| Aug. 1  
Drill Team: |Fall/Spring| Aug. 12

#### US FEMALE/MS FEMALE

Volleyball: |Fall| Aug. 1  
Cross Country: |Fall| Aug. 1  
Basketball: |Winter| Oct. 17  
Soccer: |Winter| Oct. 17  
Track: |Spring| Jan. 16  
Golf: (US) Nov. 28  
Softball: |Spring| Jan. 16  
Tennis: (US) |Spring| TBD  
Swimming: TBD

\*US indicates offered in Upper School Only

## AFFILIATION

All Brook Hill Athletic teams are members of the Texas Association of Private and Parochial Schools (TAPPS). All coaches, players, parents, and administration fall under TAPPS guidelines. For more information go to the web at [www.tapps.biz](http://www.tapps.biz). Brook Hill is currently a 4A TAPPS member school.

## FACILITY USE POLICY

Athletic facility use requests must go through the Athletic Office and be approved by the Athletic Director.

To utilize BH facilities, the facility requested to be used must be available for use. School activities always take precedence over non-school usage.

Fees for facility usage are dependent upon a number of factors including but not limited to:

1. Utility Costs
2. School employee supervision
3. Access to facility
4. Pre-use costs
5. Cleanup
6. Damages

## STATE CHAMPIONSHIPS

It is the goal of all our Brook Hill Athletic Teams to play for a TAPPS team sport State Championship. When one of our team sports is playing for a team sport state championship, all our focus and attention should go toward that team. The following policy is in effect for team sport State Championship games:

- The Athletic Department will focus all its attention on the State Championship event.
- Other sports will be allowed to play games if the games do not conflict with the State Championship Game
- If teams participate on the day of the State Championship Game, the coaches of those teams must allow and/or provide transportation for team members to attend the event.
- Possible exceptions include TAPPS Playoff events or games necessary to be played due to meeting certification date deadlines.

## CONFLICT RESOLUTION/COMMUNICATION

Please follow the following guidelines in reference to resolving conflicts and/or communicating with a member of the Brook Hill Coaching Staff:

- The Brook Hill Athletic Department Staff and coaches will follow the teachings of Matthew 18:15-20
- If possible, allow the student-athlete to meet with the coach to resolve the issue.
- If the athlete-coach meeting does not resolve the issue, the parent should accompany the athlete to meet with the coach.
- If neither meeting resolves the issue, the next meeting should include the Assistant Athletic Director and the appropriate Coordinator.
- Please follow the “24 Hour Rule” that request parents wait 24 hours following an athletic contest to address issues that relate to games.
- Brook Hill coaches will not discuss playing time or other athletes

## PRACTICE GUIDELINES/EXPECTATIONS

- Practice is required for participation in athletic contests. It is not optional.
- Participation in the MS or US Athletic Block is required to participate in athletic contests.
- Participation in the MS or US Athletic Block is required whether in-season or out of season.
- Athletes are required to be dressed out in assigned team uniform or required athletic uniform (gray) to participate in practice.
- Students missing practice will be recorded as absent, and the absent will be recorded in the attendance office. Beginning with the 2022-2023 school year, students who record five (5) unexcused absences or tardies in their Athletic Block may be dropped from the class and will forfeit athletic participation and the academic credit.
- Coaches may limit, adjust, or deny playing time based on practice participation.
- Parents should refrain from interrupting practices.

## TRAINING ROOM/INJURED ATHLETES

- The Brook Hill Training Room is for injured athletes who need treatment.
- Athletes will only be admitted to the BH Training Room if they are requested by the trainer or sent by the coach.
- Upper School athletes, if injured, are required to attend “Sick Call” in the BH Training Room as scheduled with the Athletic Trainer.
- Athletes do not miss practice by “self-assigning” or parent assigning to the BH Training Room.

## ATHLETIC PERIOD POLICY

- All Brook Hill student-athletes are required to participate in the Middle School or Upper School Athletic Block.
- Students who do not attend the Middle School or Upper School Athletic Block will not be allowed to participate in games or contests.
- Exceptions are seniors who are no longer participating in Brook Hill Athletics.
- Students participating in the Middle School or Upper School Athletic Block, must be dressed out in assigned team uniform or the required athletic uniform (gray).
- Roll will be taken each day. Beginning with the 2022-2023 school year, students who record five (5) unexcused absences or tardies in their Athletic Block may be dropped from the class and will forfeit athletic participation and the academic credit.
- Absences and tardies will be addressed with students by the coaches and/or the Dean of Students.
- Athletic period attendance is required for all athletes, male and female, regardless of the sport they compete in.
- Exceptions to this policy are at the sole discretion of the Athletic Director

## EXTRACURRICULAR ELIGIBILITY POLICY

- The eligibility policy for The Brook Hill School requires three grade checks per semester:
  - End of week 9
  - End of week 14
  - End of semester/week 18
- At the **end of week 9**, a grade check will be taken of all students to determine Academic Probation and eligibility. Students with a class average below 70 are placed on Academic Probation. Academic Probation at the end of week 9 is defined below:
  - At the end of the 9-week grading period, any student with an average below 70 in **one or more** classes will attend a scheduled meeting with an ACE (Academic Center for Excellence) Coordinator for individualized academic planning. Items for discussion will



include WIN attendance, time management, progress tracking, and follow-up meetings.

- At the end of the 9-week grading period, any student with an average below 70 in one or more classes is required to report to that class/teacher for WIN (What I Need) time. If the student is failing more than one class, WIN time will be divided between the courses the student is failing. (WIN meets Monday, Tuesday, and Thursday of each school week.)
- Once a student is placed on Academic Probation, the student will remain on Academic Probation from the beginning of week 10 until the end of week 14.
- At the end of week 9, any student with an average below 70 in **two or more classes** will become ineligible to participate in athletic practices, games, and any other extra-curricular activity for a period of two weeks.
  - At the end of two weeks, any ineligible student with an average below 70 in two or more classes will remain ineligible to participate in games or any other extra-curricular activity for an additional two-week period.
  - This process will continue until the student regains eligibility or until the end of the semester.
- At the **end of week 14**, a grade check will be taken of all students to determine Academic Probation. Any student with an average **below 70** in **one or more classes** will be placed on Academic Probation. Academic Probation at the end of week 14 is defined below:
  - At the end of week 14, any student with an average below 70 in **one or more** classes will attend a scheduled meeting with an ACE (Academic Center for Excellence) Coordinator for individualized academic planning. Items for discussion will include WIN attendance, time management, progress tracking, and follow-up meetings.
  - At the end of week 14, any student with an average below 70 in one or more classes is required to report to that class/teacher for WIN (What I Need) time. If the student is failing more than one class, WIN time will be divided between the courses the student is failing. (WIN meets Monday, Tuesday, and Thursday of each school week.)
  - At the end of week 14, any student with an average below 70 in one or more classes is required to report to H Block study hall and not participate in H Block athletic practices.
  - Once a student is placed on Academic Probation, the student will remain on Academic Probation from the beginning of week 15 until the end of the semester.
- **At the end of semester one**, any student with an average below 70 in **two or more classes** will become ineligible to participate in games or any other extra-curricular activity for a period of two weeks beginning the first week of the second semester.

All students are eligible to participate during Thanksgiving Break, Christmas Break and Spring Break.

## **MAKING THE TEAM**

- Every athlete the opportunity to attend at least five practices to display their abilities prior to cuts.
- Teams who cut, will send out an email to everyone who “tried out” announcing who made the team.
- In Middle School, 6th Graders can make the team if the coaches believe they have the skill set to compete with 7th Graders, are physically capable of playing against 7th Graders, and parents give permission.
- Some sports must make cuts due the number of teams representing the school in particular sports,

## **EQUIPMENT**

- Brook Hill purchases equipment for athletes which is the property of the school. If this equipment is lost or damaged, it must be replaced at the replacement cost.
- “Kid Pay” purchases refers to equipment the school does not provide (i.e. shoes, travel shirts, required athletic uniform (gray), etc.). This equipment is required but is the property of the student athlete.
- Athletes have 3 days after the end of their season to turn in or pay for equipment deficiencies.
- Required athletic uniform packages can be purchased in the Guard Shop (includes Hooded Sweatshirt and Pants, Gray Shorts and Gray Workout Top).
- For the 2022-2023 season the gray athletic uniform will be required. The “All Orange” gear is no longer allowed.

## **UPPER SCHOOL PARENT SPORT SPECIFIC MEETINGS/COMMUNICATION**

- Each Varsity Sport is required to hold a parent meeting prior to the beginning of the season.
- Middle School meetings are optional and up to the head coach.
- One parent of each athlete is required to attend this scheduled meeting.
- Upper School and Middle School Sports, when in season, will each send an email to parents, prior to Monday of each week, detailing the week’s schedule and communicating needed information.

## **MULTI-SPORT PARTICIPATION**

- Brook Hill Athletic Program is designed to promote and foster multi-sport participation.
- 80% of all *scholarship* college athletes participated in at least two sports their senior year.
- All athletes are required to participate in the Strength and Conditioning Program at least 3 days per week, regardless of the sport they play male and female.
- Sport specific off-seasons are not provided until the official TAPPS Calendar date.

## **SCHOOL ATTENDANCE**

- Student-athletes must attend two or more core classes to practice or play in a game or contest on that day.
- Athletics and Study Hall do not count as core classes.
- Exceptions to this policy must be approved by the Athletic Director.

## **GAME DAY/TRAVEL ATTIRE**

- All sports will have game day attire.
- All sports will have a travel attire that they should wear to out of town contests.
- Coaches will communicate the appropriate attire in their weekly emails.
- Most game day or out of town attire will be purchased by the athlete.

## **QUITTING/DISMISSAL FROM A TEAM**

- Quitting a sport is strongly discouraged.
- Quitting a sport, if allowed by the parent, is sending a bad message to the child.
- Quitting a sport breaks a commitment made by the student athlete to their teammates and coaches.
- Quitting a sport sends a message that quitting is OK. Marriage? Church? Job?
- Quitting a sport at Brook Hill prohibits the student from participating in the next sport until the sport they quit has ended for the entire season.
- Quitting two sports while in the Upper School may result in the forfeiture of future participation in Brook Hill Athletics.
- If a student athlete decides to quit a sport while participating in two sports simultaneously, the student may be required to quit both sports.
- **DON'T QUIT IT IF YOU START IT!**

- Student athletes may be dismissed from a team if they violate the Athletic Department Behavior Policy or if their actions are detrimental to the Brook Hill Athletic Department and is deemed necessary by the Athletic Director.
- No student athlete will be dismissed from a team without approval of the Athletic Director.

## **TRANSPORTATION POLICY**

- Brook Hill will provide transportation to athletic contests unless it is necessary for parents to transport.
- Student athletes are to follow the policy of each sports Head Coach as it concerns transportation on BH vehicles to and from athletic contests.
- Students riding home with parents must have the parent inform the coach.
- Parents transporting another family's children, must show written proof to the coach.
- Students may not transport themselves without prior communication with and approval from the Head Coach.
- Students are not allowed to transport other students to games or contests.
- Students being transported to off campus practices by other students, must have written permission on file with the athletic department.

## **SPORTSMANSHIP**

- Poor sportsmanship by Brook Hill Coaches, athletes, or parents will not be tolerated.
- Profanity is not allowed by coaches, athletes, or parents.
- Athletes or coaches who are ejected from a contest, must pay \$50 to the Brook Hill Athletic Department who will in turn pay TAPPS, as well as sit out the next game.
- Coaches, players, or parents who are ejected from an athletic contest, will not be allowed to attend the next game.

## **TEAM PICTURES/BANNERS**

- All Head Coaches will set dates for pictures to be made
- Pictures can be found on the Vidigami application for the school
- Parents can download their athlete's photo via Vidigami
- Parents of each sport will decide if as a group, they will purchase team banner

## **EARLY DISMISSAL OR ABSENCE FROM SCHOOL DUE TO ATHLETIC PARTICIPATION**

- Athletes who miss an academic class to participate in an athletic activity are responsible for receiving their assignments, making up daily work, quizzes, or tests, or turning in assignments based on the individual teacher's policy.
- Teachers will receive a notification of which players will miss their class in advance whenever possible. Exceptions to this include tournament play, playoff games, or last-minute substitutions.

## **INCLEMENT WEATHER**

- Parents will be informed as early as possible concerning inclement weather that causes a change in the schedule of games or contests.
- Brook Hill coaches and trainers are provided with up-to-date weather information to ensure the safety of our athletes.
- Games or contests cancelled and rescheduled due to inclement weather, will be made up in as timely a manner that is possible for all involved, and the change will be communicated to athletes, parents, and teachers.
- Facilities with metal roofs will not be available for use if lightning is within 10 miles or if conditions are unsafe due to high winds.

## **OVERNIGHT TRIPS**

- All school rules are in effect during overnight trips
- Costs for overnight trips are the responsibility of the athlete except for the following reasons.
  1. A team project to raise funds that provides a service, designed to defray some of the cost, will be used.
  2. Certain TAPPS playoff games where an overnight stay is required.
  3. State Championship Games.
- Athletes are responsible for their own action, and 24-hour supervision is not possible

## **SCHOOL WEBSITE**

- [www.brookhill.org](http://www.brookhill.org) is the official website of the Brook Hill School.

- Access to team information, athletic schedules, coaches' information, etc. can be gained by clicking on individual teams.
- Updated information on each team's website is the responsibility of each team's head coach.

## **NCAA ELIGIBILITY CENTER**

- All student athletes entering their junior year, must register with the NCAA Eligibility Center to be recruited by an NCAA Division I or II school
- Information can be obtained in the Academic Office.
- NCAA Eligibility Center information is available on the NCAA website at [www.ncaa.org](http://www.ncaa.org)

## **AWARD BANQUETS**

- The Middle School Athletic Awards Assembly will be held on the last Wednesday in April during the Middle School Athletic Block. Student athletes are required to wear Chapel Dress.
- A member of each MS Team will award the "Mr. or Miss" and "The Guard" perpetual plaque to the student athlete who in the opinion of The Brook Hill Coaching Staff, best exemplifies what a Brook Hill student athlete should represent,
- The Brook Hill Upper School Athletic Gala will be held in May.
- Student athletes who are awarded All-District, All-State, or Academic All-State, as well as teams and individuals who advance to the state meet will receive special recognition.
- Each Varsity Team will award the "Mr. or Miss" perpetual plaque to the student athlete, who in the opinion of The Brook Hill Coaching Staff, best exemplifies what a Brook Hill student athlete should represent.
- Each Varsity Team will also recognize the Most Valuable Player, and the Guard Heart Award.
- The Ironman Award will be presented to the top senior who participated in a minimum three sports during their senior year

## **ATHLETIC DEPARTMENT FUNDING**

- Brook Hill does not charge an Athletic Participation Fee
- The athletic department is responsible for generating 100% of the monies necessary to operate athletics
- All families of an athlete who participate in a sport, must participate in parent hours in the season the athlete participates. Head Coaches will communicate the expectations of parent hours for the specific sport. Parent hours will include positions necessary for the facilitating of a game or contest. (I.e., concession stand, gatekeeper, or other *pre-approved* service by the Athletic Department.
- Seasons are listed below:  
SEASON 1 – Football, Volleyball, Cheer, Cross Country  
SEASON 2 – Basketball, Soccer, Swim, Drill Team

### SEASON 3 – Baseball, Softball, Track, Tennis, Golf

- Parents/Families may opt out of working for \$200.00 per season or \$500.00 per year; boarding students must participate in family hours or opt out for \$200.00.
- Failure to show up for an accepted assignment results in a \$50.00 assessment fee.
- Families have the option of which season or seasons they choose to volunteer hours.
- The families of day students are required to work seven (7) hours and boarding students are required to work four (4) hours.

## HAZING-BULLYING

- Hazing or bullying is any intentional or reckless act that humiliates, degrades, abuses, or endangers a person's physical or mental health for the purpose of team initiation into or affiliation with an organization, regardless of that person's willingness to participate.
- Hazing or bullying by an individual or team is not permitted in any form and will not be tolerated.
- Athletes who participate in hazing or bullying will be punished by penalties that may include dismissal from the team.
- These athletes will also be subject to school disciplinary action as well. This policy applies to all situations whether school is in session or not, and whether alone, in a team setting or not.

## CLUB SPORTS

- Brook Hill supports and encourages student athletes to participate on club, AAU, or select teams to improve their overall ability.
- In the event of a conflict, Brook Hill takes president over a non-school team.
- In the event of a conflict, early communication is encouraged.
- Missing a Brook Hill game or practice to participate on a non-school team, may result in disciplinary action

## TATTOOS/PIERCINGS

- Athletes participating at Brook Hill will not be allowed to have tattoos that are visible while in uniform.
- TAPPS rules are that all tattoos that would be visible must be covered while participating for a Brook Hill team.
- In addition, the Athletic Department policy for piercings and tattoos agrees with The Brook Hill School policy. Brook Hill student-athletes should refer to their student handbook for questions or clarifications regarding body piercings and tattoos.

## CHEERLEADING/DRILL TEAM

- Cheerleaders and Drill Team members are considered athletes.
- Cheerleading and Drill Team fall under Brook Hill Athletics.
- Cheerleaders and Drill Team members are expected to promote school spirit as well as support Brook Hill Team Sports.
- Cheerleaders and Drill Team Member should communicate with their director, and read their groups constitution to ensure understanding and compliance.

## VARSITY LETTERS

- To be considered a “Letterman” in any Brook Hill sport, the following criteria must be met:
  - Considered to be in good standing with his coach and teammates.
  - The athlete must complete the entire regular and playoff contest season.
  - The athlete must meet any other criteria that is established by his or her coach and approved by the Athletic Director.

## SCHOOL POLICIES

- Student-athletes at The Brook Hill School are expected to follow all school policies, regulations and guidelines.
- Athletes must attend class, be well-behaved, and reach their potential by achieving in the classroom.
- Athletes will not receive special treatment due to their representation of the school in athletics.
- Athletes are responsible to adhere to the Brook Hill Athletic Discipline Policy

### Anti-Racism Policy

- The Brook Hill School emphatically rejects racism in any form as destructive to the Brook Hill **Mission, Values and Vision**. The Brook Hill School believes that all people, regardless of race or ethnic background, are created in God’s image, *imago Dei*, with dignity, value and worth. As a Christ-centered school, we strive to instill that love for humanity in the hearts and minds of our students. Because of this, we are committed to confronting racism, ethnic bigotry, and racial injustice.
- The Brook Hill School welcomes the diversity of cultures and ethnic backgrounds and celebrates the home languages, dialects and accents of all students, staff and others associated with The Brook Hill School. As a community of diverse individuals from countries all over the world and many ethnic backgrounds, we believe that racial injustice and ethnic bigotry have no place in our community or in our world. To have the impact on the world that God is calling us to have, we are resolved to think and act in ways that create a more loving,



equitable, and just community. The Brook Hill School pursues a biblical commitment to respect and love all people as equal image-bearers of God.

### **Anti-Discrimination Policy**

The environment at The Brook Hill School will reflect Christ-like character and Biblical principles and must be one in which all individuals are free to work, learn and develop relationships without fear, intimidation, or humiliation because of unwanted or unacceptable behavior from others. This includes written, verbal, digital or physical conduct that denigrates or shows hostility or aversion toward an individual regarding race, color, gender, age, disability, political beliefs, national or ethnic origin, or any other characteristic designated by the Board of Trustees.

### **Anti-Harassment Policy**

All forms of harassment are expressly prohibited and will not be tolerated by The Brook Hill School. This includes but is not limited to, unwelcomed slurs, verbal or graphic jokes, social media content, or physical conduct relating to an individual's age, race, gender, ethnicity, national origin, genetics, physical or mental disability.

### **Incident Reporting**

Reported or suspected occurrences of racism, discrimination or harassment will be promptly and thoroughly investigated. Following an investigation, The Brook Hill School will immediately take any necessary and appropriate disciplinary action. Any incidents which appear to be racist or have racist connotations or expressed discrimination and/or harassment should be reported to **teacher, advisory leader, boarding parent, Director of Residential Life, the appropriate principal, Director of Diversity, or the Head of School** at the earliest opportunity. Accordingly, The Brook Hill School is committed to vigorously addressing complaints of harassment at all levels within the school community. To that end, if a student observes conduct that violates these policies or has been subjected to racism, discrimination, or harassment, it is the students' responsibility to report such incidents or concerns at the earliest opportunity.

- Confidentiality: Reasonable effort will be made to protect the privacy of the parties involved in any complaint. However, the School reserves the right to fully investigate every complaint and to notify the Head of School and any appropriate government officials as the circumstances warrant.

## **ATHLETIC DISCIPLINE POLICY**

### **Statement of Philosophy**

The Brook Hill Athletic Department expects student athletes who participate in extra-curricular athletic activities to be held to a high standard. Participating in athletics is a privilege, while at the same time athletes serve as representatives of their school, families, coaches, and teammates. Any type of behavior that is detrimental to the athlete, school, or the Brook Hill Athletic Department

involving the use of alcohol, illicit drugs, tobacco, or the committing of major school infractions, or other unlawful acts, may be addressed by The Brook Hill Athletic Department in addition to any disciplinary action that is administered by The Brook Hill School. Brook Hill student athletes are also accountable for all social media posts.

Brook Hill students are always held accountable for their actions and behavior whether on or off campus according to the school's 24-7, 365-day policy. The Brook Hill Athletic Discipline Policy is in place to hold student-athletes accountable for their behavior, to change negative behavior, to serve as a deterrent, and to send a message to all student-athletes that their actions and behavior is extremely important. Behavior including the consumption, possession, or distribution of alcohol, illicit drugs or tobacco, the use of vaping products and e-cigarettes, the assignment to Saturday School, school suspension, criminal offenses, and social media posts deemed inappropriate by the Athletic Department Discipline Committee (inappropriate social media posts that are deemed inappropriate by the Athletic Department Discipline Committee include, but are not limited to, dishonorable content such as profane, racial, ethnic, sexual, religious, physical disability slurs, glamorizing the use of drugs, alcohol, tobacco, or promoting a lifestyle that is in conflict with the standards and tenets as described in the Student Handbook) may be addressed by the Brook Hill Athletic Department.

### **Tobacco/Vape Use/Possession-Inappropriate Social Media Posts**

**1<sup>st</sup> Offense:** May result in suspension from 10 % of the scheduled games or activities during the season in which he/she is participating.

If due to the season ending prior to the 10% suspension being fulfilled, the suspension may carry over into the next sport the athlete participates in. If the athlete is not participating, the 10% may be applied with the next period of participation. Athletes are required to attend all games, scrimmages, and practices during the suspension.

**2<sup>nd</sup> Offense:** May result in suspension from 20% of the scheduled games or activities during the season in which he/she is participating, and 10 hours of community service.

Additional guidelines addressed under the first offense also apply.

**3<sup>d</sup> Offense:** *May result in* suspension from the rest of the season, plus 50% of the next season the athlete participates in, and 20 hours of community service.

**4<sup>th</sup> Offense:** *May result in* suspension for one calendar year from participating in athletic activities, 30 hours of community service, enrollment in and completion of a tobacco awareness program if appropriate and appearing before the Athletic Department Discipline Committee for review prior to being reinstated to Brook Hill Athletics.

### **Alcohol or Drug Use/Possession**

**1<sup>st</sup> Offense:** May result in suspension from 20% of the scheduled games during the season in which he/she is participating, and 10 hours of community service.

If due to the season ending prior to the 20% suspension being fulfilled, the suspension may carry over into the next sport the athlete participates in. If the athlete is not participating, the 20% may be

applied with the next period of participation. Athletes are required to attend all practices, scrimmages, and games during the suspension.

**2<sup>nd</sup> Offense:** May result in suspension from 40% of the scheduled games during the season in which he/she is participating, 20 hours of community service, and enrollment in and the completion of a certified substance abuse/behavioral program.

Additional guidelines addressed under first offense also apply.

**3<sup>rd</sup> Offense:** May result in suspension for one calendar year from all extra-curricular athletic activities. Prior to returning to participation, the student-athlete must perform 30 hours of community service, and enrollment in & the completion of a certified substance abuse program, as well as appearing before the Athletic Department Discipline Committee for review prior to being reinstated to the Brook Hill Athletic Department.

### **Major School Infractions**

**Suspension:** Suspension from school, whether in-school or out-of-school, may follow the same discipline plan as tobacco/social media.

**Saturday School:** If an athlete is assigned Saturday School, individual coaches may assign the same conditioning regimen as they would for an unexcused missed practice. With each additional assignment to Saturday School, the conditioning regimen may double.

### **Criminal Offenses**

Student-athletes may lose the privilege of athletic participation during any period of deferred adjudication, probation, or conviction. Student-athletes may lose the privilege of participation while under indictment for a felony or while awaiting a final determination of guilt or innocence in connection with either a felony or any offense punishable as a Class A Misdemeanor or higher, whether the felony or offense was committed on campus.

### **Communication of Violation**

The Head Coach of the sport affected and the Athletic Director, after meeting with the Athletic Department Discipline Committee, may set up a conference with the parents of the athlete, and inform them of the violation and any discipline action that may result. Any action taken on the violation will be relayed to the parents and the athlete including the punishment assessed.

### **Appeals Process**

The parents of the athlete may appeal the decision of the Athletic Department Committee to the Athletic Director. Decisions by the Athletic Director are final. Suspensions may remain in effect during the appeals process.

## **ATHLETIC HANDBOOK HIGHLIGHTS (Please Read)**

- \_\_\_\_1. I understand that athletic attendance (MS or US athletic block) is mandatory for all athletes. "Skipping" will be addressed by the Dean of Students and by the coach in charge of the activity missed.
- \_\_\_\_2. I understand that athletes late to the athletic period will be marked as "tardy."
- \_\_\_\_3. Missing Athletic Block or being tardy to Athletic Block, could result in the loss of playing time and/or disciplinary action.
- \_\_\_\_4. I understand that the required gray workout gear/sweats are required for athletic participation. *Grades will be given based upon daily participation.*
- \_\_\_\_5. I understand that parents are required to volunteer in a capacity that is assigned by The Athletic Department Assistant or approved by The Athletic Director based upon the number of sports/athletes from each family. I understand the penalty. See handbook for details. (7 hours from each day family; 4 hours from each boarding student; Student can aide).
- \_\_\_\_6. I will read the 2022-2023 Brook Hill Athletic Handbook. I will do my best to understand the policies and procedures of this document. I understand that my son/daughter must follow the guidelines of this Athletic Handbook to participate in The Brook Hill Athletic Program. If I have questions regarding The Athletic Handbook and/or policies, I will contact The Athletic Director.
- \_\_\_\_7. I understand that I should first contact my child's coach to resolve problems or issues prior to contacting The Athletic Director.
- \_\_\_\_8. I understand that if my child quits a sport, he or she will not be allowed to go into another sport until the sport that is being quit has ended its regular season. An athlete who quits two Upper School sports may forfeit their right to compete for Brook Hill.
- \_\_\_\_9. All Upper School athletes are required to participate in the Monday-Thursday Strength and Conditioning class.
- \_\_\_\_10. I understand that if I am a parent of an Upper School athlete, I will attend the meeting scheduled by the Head Coach prior to the start of the season.
- \_\_\_\_11. I understand that my child must attend at least 2 CORE classes to participate in a practice or game on that day.
- \_\_\_\_12. I understand that my child must turn in his/her equipment within three days after a season ends to go to the next sport.
- \_\_\_\_13. I understand the eligibility policy of No Pass-No Play at Brook Hill
- \_\_\_\_14. I understand the policies and procedures of this document as they pertain to parents.
- \_\_\_\_15. I understand the Brook Hill Athletic Discipline Policy.
- \_\_\_\_16. I understand that by enrolling my child in Brook Hill, I have agreed to accept all Handbooks.